UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): September 12, 2007

Innovative Food Holdings, Inc.

(Exact name of registrant as specified in its charter)

Florida 0-9376 20-1167761
(State or other jurisdiction (Commission (IRS Employer of incorporation) File Number) Identification No.)

1923 Trade Center Way, Naples, Florida

34109 (Zip Code)

(Address of principal executive offices)

Registrant's telephone number, including area code: (239) 596-0204

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- o Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 1.01. Entry into a Material Definitive Agreement

On September 12, 2007, the registrant's wholly-owned subsidiary, Food Innovations, Inc. ("FII"), and Next Day Gourmet, L.P., a wholly-owned subsidiary of U.S. Foodservices, Inc. ("USF"), executed an extension, through September 11, 2008, of their existing contract pursuant to which FII supplies perishable and non perishable foods to USF and its subsidiaries. In 2006, sales under this contract represented approximately 98.29% of the registrant's revenues and in the first six months of 2007 it represented approximately 95.63% of revenues.

ITEM 9.01 Financial Statements and Exhibits

(d)	Exhibits						
Exhibit	Description						
10.1	Second Amendment to Supply Agreement between Food Innovations, Inc. and Next Day Gourmet, L.P.						
SIGNATURES							
Pursuant to the undersigned hereund	ne requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the o duly authorized.						
	INNOVATIVE FOOD HOLDINGS, INC.						
Dated: September 1	8, 2007						
·	By: <u>/s/ Sam Klepfish</u> Sam Klepfish Interim President						

Exhibit Index

Exhibit	Description
10.1	Second Amendment to Supply Agreement between Food Innovations, Inc. and Next Day Gourmet, L.P.

SECOND AMENDMENT TO SUPPLY AGREEMENT

This Second Amendment (hereinafter "Amendment"), is made as of the 12 day of September, 2007, by and between Next Day Gourmet, L.P., an Indiana Limited Partnership, on its own behalf and on behalf of its subsidiaries and affiliates (hereinafter, collectively, "Buyer") and Food Innovations, Inc., a Delaware corporation (hereinafter, "Supplier").

WITNESSETH

WHEREAS, Buyer and Supplier entered into that certain Supply Agreement dated as of September 11, 2003 and amended as of August 20, 2006 (the "Agreement") with respect to Buyer's purchase and distribution of certain foodservice products from Supplier ("Products"); and

WHEREAS, the parties desire to extend the term of the Agreement for an additional period of one (1) year, as set forth herein;

NOW, THEREPORE, in consideration of the foregoing and other good and valuable consideration, the receipt and sufficiency of which is hereby acknowledged, Buyer and Supplier hereby agree as follows:

- All capitalized terms used herein and not otherwise defined shall have the meaning ascribed to them in the Agreement.
- Section 5 (a) of the Agreement, as previously amended, shall be deleted in its entirety and replaced with the following:

"This Agreement shall be effective as of the Effective Date and shall expire on Sept 11, 2008 (the "Term")."

- Schedule A of the Agreement shall be replaced in its entirety with the amendment Schedule A attached hereto.
- 4. Except for the amendments, changes and additions made herein, there are no other changes to the Agreement and the parties hereby ratify and confirm the remainder of the same as originally written and subsequently modified by this Amendment.
- 5. By executing this Amendment, the parties acknowledge and agree that (i) no default or breach has occurred by Buyer under the Agreement or any amendment thereto and (ii) the Agreement is in good standing.

As evidence of this Amendment:

NEXT DAY GOURMET, L.P. by Next Day Courmet, Inc., General Partner		140
By: Mull Title: Toesdand	Date:	Splender 10,2000
FOOD INNOVATIONS, INC.		
By: Name:	Date:	- WATER
Title:		

SCHEDULE A

Subsidiaries and Affiliates included in Buyer's Group

U.S. Foodservice, Inc.			
E&H Distributing Co.			