FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934

	or Section	n 30(h) of	the Investment Company Act	of 1940				
1. Name and Address of Reporting Person* Bandera Partners LLC	2. Date of Event Requiring Statement (Month/Day/Year) 12/04/2024		3. Issuer Name and Ticker or Trading Symbol INNOVATIVE FOOD HOLDINGS INC [IVFH]					
(Last) (First) (Middle) 50 BROAD STREET, SUITE 1820			4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director			5. If Amendment, Date of Original Filed (Month/Day/Year)		
(Street) NEW YORK NY 10004 (City) (State) (Zip)			Officer (give title below)	r (specify (Ch		6. Individual or Joint/Group Filing Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person		
Ta	able I - Non-	Derivati	l ive Securities Benefic	cially O	wned	<u> </u>		
1. Title of Security (Instr. 4)			2. Amount of Securities Beneficially Owned (Instr. 4)	Form: I (D) or I			4. Nature of Indirect Beneficial Ownership (Instr. 5)	
Common Stock, par value \$0.0001 per share ⁽¹⁾			6,193,349		I See		e footnote ⁽²⁾	
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)								
1. Title of Derivative Security (Instr. 4) 2. Date Exerc Expiration Da (Month/Day/Y		te	3. Title and Amount of S Underlying Derivative So (Instr. 4)			rcise	5. Ownership Form: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr.
		Expiratior Date	n Title	Amount or Number of Shares	Derivat Securit	tive	or Indirect (I) (Instr. 5)	5)
1. Name and Address of Reporting Person* Bandera Partners LLC								
(Last) (First) (Middle) 50 BROAD STREET, SUITE 1820								
(Street) NEW YORK NY 10004								
(City) (State) (Zip)								
1. Name and Address of Reporting Person* <u>Bylinsky Gregory</u>								
(Last) (First) (Middle) C/O BANDERA PARTNERS LLC 50 BROAD STREET, SUITE 1820								
(Street) NEW YORK NY 10004								

Explanation of Responses:

(State)

(Zip)

(City)

outstanding shares of Common Stock. Each of the Reporting Persons disclaims beneficial ownership of the securities reported herein except to the extent of his or its pecuniary interest therein.

2. Bandera Partners is the investment manager of Bandera Master Fund L.P. ("Bandera Master Fund"), in whose name the shares are held. Messrs. Bylinsky and Gramm are Managing Members of Bandera Partners. Bandera Master Fund has delegated to Bandera Partners the sole and exclusive authority to vote and dispose of the securities held by Bandera Master Fund. As a result, each of Bandera Partners and Messrs. Bylinsky and Gramm may be deemed to beneficially own the shares held by Bandera Master Fund.

/s/ Gregory Bylinsky,

Managing Director, on behalf of Bandera Partners

12/06/2024

LLC

/s/ Gregory Bylinsky

12/06/2024

** Signature of Reporting

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.