UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934 (Amendment No.)*

INNOVATIVE FOOD HOLDINGS, INC.

(Name of Issuer)
Common Stock
(Title of Class of Securities)
45772H202
(CUSIP Number)
October 22, 2013
(Date of Event Which Requires Filing of This Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

- o Rule 13d-1(b)
- x Rule 13d-1(c)
- o Rule 13d-1(d)

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

Page 1 of 13

^{*}The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

1 NAMES OF REPORTING PERSONS LR.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY) 73114 Investments LL.C 2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (see instructions) 3 SEC USE ONLY 4 CITIZENSHIP OR PLACE OF ORGANIZATION Oklahoma, United States 5 SOLE VOTING POWER 240,000 Shares 6 SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH: 7 SOLE DISPOSITIVE POWER 240,000 Shares 8 SHARED DISPOSITIVE POWER 104,183 Shares 9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 344,183 Shares 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions) 0 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) 5.4% 12 TYPE OF REPORTING PERSON (see instructions)				CUSIP NO. 45//2H202		
2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (see instructions) 3 SEC USE ONLY 4 CITIZENSHIP OR PLACE OF ORGANIZATION Oklahoma, United States 5 SOLE VOTING POWER 240,000 Shares 6 SHARED VOTING POWER 104,183 Shares 7 SOLE DISPOSITIVE POWER 240,000 Shares 8 SHARED DISPOSITIVE POWER 240,000 Shares 9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 344,183 Shares 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions) 11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 5.4% 12 TYPE OF REPORTING PERSON (see instructions)	1					
3 SEC USE ONLY 4 CITIZENSHIP OR PLACE OF ORGANIZATION Oklahoma, United States 5 SOLE VOTING POWER 240,000 Shares 6 SHARED VOTING POWER 104,183 Shares 7 SOLE DISPOSITIVE POWER 240,000 Shares 8 SHARED DISPOSITIVE POWER 104,183 Shares 9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 344,183 Shares 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions) 11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 5,4% 12 TYPE OF REPORTING PERSON (see instructions)		73114 Investments	LLC			
4 CITIZENSHIP OR PLACE OF ORGANIZATION Oklahoma, United States 5 SOLE VOTING POWER 240,000 Shares 6 SHARED VOTING POWER 104,183 Shares 7 SOLE DISPOSITIVE POWER 240,000 Shares 8 SHARED DISPOSITIVE POWER 240,000 Shares 8 SHARED DISPOSITIVE POWER 104,183 Shares 9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 344,183 Shares 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions) 0 11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 5.4% 12 TYPE OF REPORTING PERSON (see instructions)	2					
Oklahoma, United States Sole Voting Power 240,000 Shares	3	SEC USE ONLY	SEC USE ONLY			
NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH: 9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON BENEFICIALLY OWNED BY EACH REPORTING POWER 104,183 Shares 8 SHARED DISPOSITIVE POWER 104,183 Shares 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions) 0 THE PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 5.4% 12 TYPE OF REPORTING PERSON (see instructions)	4	CITIZENSHIP OF	R PLACE OF O	DRGANIZATION		
NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH: 7 SOLE DISPOSITIVE POWER 240,000 Shares 8 SHARED DISPOSITIVE POWER 104,183 Shares 9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 344,183 Shares 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions) 0 11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 5.4% 12 TYPE OF REPORTING PERSON (see instructions)		Oklahoma, United	States			
SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON WITH: 7 SOLE DISPOSITIVE POWER 240,000 Shares 8 SHARED DISPOSITIVE POWER 104,183 Shares 105 106 117 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 118 TYPE OF REPORTING PERSON (see instructions)	SHARES BENEFICIALLY OWNED BY EACH REPORTING		5	240,000 Shares		
EACH REPORTING PERSON WITH: 240,000 Shares 8 SHARED DISPOSITIVE POWER 104,183 Shares 9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 344,183 Shares 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions) 0 11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 5.4% 12 TYPE OF REPORTING PERSON (see instructions)			6	104,183 Shares		
9 AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON 344,183 Shares 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions) 0 11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 5.4% 12 TYPE OF REPORTING PERSON (see instructions)			7			
344,183 Shares 10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions) o 11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 5.4% 12 TYPE OF REPORTING PERSON (see instructions)			8			
10 CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions) 0 11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 5.4% 12 TYPE OF REPORTING PERSON (see instructions)	9					
11 PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9) 5.4% 12 TYPE OF REPORTING PERSON (see instructions)	10					
5.4% 12 TYPE OF REPORTING PERSON (see instructions)						
12 TYPE OF REPORTING PERSON (see instructions)	11					
	12					

1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)			
	Michael C. Bradley	y		
2	CHECK THE APP	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (see instructions) (a)x (b)o		
3	SEC USE ONLY			
4	CITIZENSHIP OR	PLACE OF	DRGANIZATION	
_	United States			
		5	SOLE VOTING POWER	
			7,751 Shares	
NUMBER OF		6	SHARED VOTING POWER	
SHARES BENEFICIALI	LY		240,000 Shares	
OWNED BY EACH REPOR	RTING	7	SOLE DISPOSITIVE POWER	
PERSON WIT			7,751 Shares	
		8	SHARED DISPOSITIVE POWER	
			240,000 Shares	
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON			
	247,751 Shares			
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions)			
	0			
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)			
	3.9%			
12	TYPE OF REPORTING PERSON (see instructions)			
	IN			

			CUSIP No. 45//2H202		
1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)				
	Donald E. Smith				
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (see instructions) (a)x (b)o				
3	SEC USE ONLY				
4	CITIZENSHIP OF	R PLACE OF (DRGANIZATION		
	United States				
		5	SOLE VOTING POWER		
			18,500 Shares		
NUMBER OF		6	SHARED VOTING POWER		
SHARES BENEFICIALI	LY		240,000 Shares		
OWNED BY EACH REPOR	RTING	7	SOLE DISPOSITIVE POWER		
PERSON WIT			18,500 Shares		
		8	SHARED DISPOSITIVE POWER		
			240,000 Shares		
9	AGGREGATE A	AMOUNT BE	NEFICIALLY OWNED BY EACH REPORTING PERSON		
	258,500 Shares				
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions)				
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)				
4.0%					
12		ORTING PERS	SON (see instructions)		
1.6	IN	N			
	1				

1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)			
	Denver J. Smith			
2 CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (see instructions)			(a)x (b)o	
				(0)0
3	SEC USE ONLY			
4	CITIZENSHIP OR	R PLACE OF	DRGANIZATION	
	United States			
		5	SOLE VOTING POWER	
			57,842 Shares	
NUMBER OF		6	SHARED VOTING POWER	
SHARES BENEFICIALI	LY		260,090 Shares	
OWNED BY EACH REPOR	TING	7	SOLE DISPOSITIVE POWER	
PERSON WIT			57,842 Shares	
		8	SHARED DISPOSITIVE POWER	
			260,090 Shares	
9	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON			
	317,932 Shares			
10	CHECK BOX II	THE AGGR	EGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARE	S (see instructions)
	o			
11	PERCENT OF C	CLASS REPR	ESENTED BY AMOUNT IN ROW (9)	
4.9%				
12	TYPE OF REPO	ORTING PERS	GON (see instructions)	
	IN			

			CUSIP No. 45//2H202		
1	NAMES OF REPORTING PERSONS I.R.S. IDENTIFICATION NOS. OF ABOVE PERSONS (ENTITIES ONLY)				
	Paratus Capital LL	C			
2	CHECK THE APPROPRIATE BOX IF A MEMBER OF A GROUP (see instructions) (a)x (b)o				
3	SEC USE ONLY				
4	CITIZENSHIP OF	R PLACE OF O	DRGANIZATION		
	Oklahoma, United	States			
		5	SOLE VOTING POWER		
			20,090 Shares		
NUMBER OF		6	SHARED VOTING POWER		
SHARES BENEFICIALI	LY		297,842 Shares		
OWNED BY EACH REPOR	RTING	7	SOLE DISPOSITIVE POWER		
PERSON WIT			20,090 Shares		
		8	SHARED DISPOSITIVE POWER		
			297,842 Shares		
9	AGGREGATE A	AMOUNT BE	NEFICIALLY OWNED BY EACH REPORTING PERSON		
	317,932 Shares				
10	CHECK BOX IF THE AGGREGATE AMOUNT IN ROW (9) EXCLUDES CERTAIN SHARES (see instructions)				
0					
11	PERCENT OF CLASS REPRESENTED BY AMOUNT IN ROW (9)				
4.9%					
12	TYPE OF REPO	ORTING PERS	ON (see instructions)		
	CO	CO			

Item 1(a). Name of Issuer:

INNOVATIVE FOOD HOLDINGS, INC.

Item 1(b). Address of Issuer's Principal Executive Offices:

26411 Race Track Rd., Bonita Springs, FL 34135

Item 2(a). Name of Person Filing:

This Statement is filed on behalf of each of the following persons (collectively, the "Reporting Persons"):

- i) 73114 Investments LLC
- ii) Michael C. Bradley
- iii) Donald E. Smith
- iv) Denver J. Smith
- v) Paratus Capital LLC

Item 2(b). Address of Principal Business Office or, if none, Residence:

The address of the principal business offices of all of the "Reporting Persons" is 13401 Railway Drive, Oklahoma City, OK, 73114.

Item 2(c). Citizenship:

- i) 73114 Investments LLC is an Oklahoma limited liability company;
- ii) Michael C. Bradley is a citizen of the United States of America; and
- iii) Donald E. Smith is a citizen of the United States of America; and
- iv) Denver J. Smith is a citizen of the United States of America; and
- v) Paratus Capital LLC is an Oklahoma limited liability company.

Item 2(d). Title of Class of Securities:

Common Stock, par value \$0.0001 per share

Item 2(e). CUSIP Number: 45772H202

Item 3. If this Statement is filed pursuant to 240.13d-1(b) or 240.13d-2(b) or (c), check whether the person filing is a:

- (a) o Broker or dealer registered under Section 15 of the Act;
- (b) o Bank as defined in Section 3(a)(6) of the Act;
- (c) o Insurance company as defined in Section 3(a)(19) of the Act;
- (d) o Investment company registered under Section 8 of the Investment Company Act of 1940;
- (e) o An investment adviser in accordance with Rule 13d-1(b)(1)(ii)(E);
- (f) o An employee benefit plan or endowment fund in accordance with Rule 13d-1(b)(1)(ii)(F);
- (g) o A parent holding company or control person in accordance with Rule 13d-1(b)(1)(ii)(G);
- (h) o A savings association as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);
- (i) o A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940;
- (j) o A non-U.S. institution in accordance with Rule 240.13d-1(b)(1)(ii)(J);
- (k) o Group, in accordance with Rule 240.13d-1(b)(1)(ii)(K). If filing as a non-U.S. institution in accordance with Rule 240.13d-1(b)(1) (ii)(J), please specify the type of institution:

Not Applicable

Item 4. Ownership.

Provide the following information regarding the aggregate number and percentage of the class of securities of the issuer identified in Item 1.

(a) Amount Beneficially Owned:

- 73114 Investments LLC may be deemed the beneficial owner of 344,183 shares. It is the direct owner of, and has the sole power to vote and dispose of 240,000 shares. It also has the shared power to vote and dispose of the shares separately held by Michael C. Bradley, Donald E. Smith, Denver J. Smith, and Paratus Capital LLC.
- ii) Michael C. Bradley may be deemed the beneficial owner of 247,751 shares. He is the direct owner of, and has the sole power to vote and dispose of 7,751 shares. He also has the shared power to vote and dispose of the 240,000 shares separately held by 73114 Investments LLC. He is an officer of 73114 Investments LLC.
- iii) Donald E. Smith may be deemed the beneficial owner of 258,500 shares. He is the direct owner of, and has the sole power to vote and dispose of 18,500 shares. He also has the shared power to vote and dispose of the 240,000 shares separately held by 73114 Investments LLC. He is an officer of 73114 Investments LLC.
- iv) Denver J. Smith may be deemed the beneficial owner of 317,932 shares. He is the direct owner of, and has the sole power to vote and dispose of 57,842 shares. He has the shared power to vote and dispose of the 240,000 shares separately held by 73114 Investments LLC. He has been granted power of attorney over the investment account of 73114 Investments LLC. He also has the shared power to vote and dispose of 20,090 shares separately held by Paratus Capital LLC. He is an officer of Paratus Capital LLC.
- v) Paratus Capital LLC may be deemed the beneficial owner of 317,932 shares. It is the direct owner of, and has the sole power to vote and dispose of 20,090 shares. Through Paratus Capital LLC's relationship with Denver J. Smith and Denver J. Smith's relationship with 73114 Investments LLC, Paratus Capital LLC has the shared power to vote and dispose of the 240,000 shares separately held by 73114 Investments LLC. Paratus Capital LLC also has the shared power to vote and dispose of the 57,842 shares separately held by Denver Smith.

(b) Percent of Class:

- i) 73114 Investments LLC may be deemed the beneficial owner of approximately 5.4% of Shares outstanding.
- ii) Michael C. Bradley may be deemed the beneficial owner of approximately 3.9% of Shares outstanding.
- iii) Donald E. Smith may be deemed the beneficial owner of approximately 4.0% of Shares outstanding.
- iv) Denver J. Smith may be deemed the beneficial owner of approximately 4.9% of Shares outstanding.
- v) Paratus Capital LLC may be deemed the beneficial owner of approximately 4.9% of Shares outstanding.

(c) Number of shares as to which such person has:

73114 Investments LLC

(i) sole power to vote or to direct the vote:	240,000
(ii) shared power to vote or to direct the vote:	104,183
(iii) sole power to dispose or to direct the disposition of:	240,000
(iv) shared power to dispose or to direct the disposition of:	104.183

Michael C. Bradley

wichael C. Diadley	
(i) sole power to vote or to direct the vote:	7,751 Shares
(ii) shared power to vote or to direct the vote:	240,000 Shares
(iii) sole power to dispose or to direct the disposition of:	7,751 Shares
(iv) shared power to dispose or to direct the disposition of:	240,000 Shares
Donald E. Smith	
(i) sole power to vote or to direct the vote:	18,500 Shares
(ii) shared power to vote or to direct the vote:	240,000 Shares
(iii) sole power to dispose or to direct the disposition of:	18,500 Shares
(iv) shared power to dispose or to direct the disposition of:	240,000 Shares
Denver J. Smith	
(i) sole power to vote or to direct the vote:	57,842 Shares
(ii) shared power to vote or to direct the vote:	260,090 Shares
(iii) sole power to dispose or to direct the disposition of:	57,842 Shares
(iv) shared power to dispose or to direct the disposition of:	260,090 Shares
Province Control IV.C	
Paratus Capital LLC	
(i) sole power to vote or to direct the vote:	20,090 Shares
(ii) shared power to vote or to direct the vote:	297,842 Shares
	20,000 61
(iii) sole power to dispose or to direct the disposition of:(iv) shared power to dispose or to direct the disposition of:	20,090 Shares 297,842 Shares

Page 10 of 13

Item 5. Ownership of Five Percent or Less of a Class.

If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following o.

Item 6. Ownership of More than Five Percent on Behalf of Another Person.

Not applicable.

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company.

Not applicable.

Item 8. Identification and Classification of Members of the Group.

See EXHIBIT A

Item 9. Notice of Dissolution of Group.

Not applicable.

Item 10. Certification.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

Signature

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Dated: October 22, 2013	/s/ Michael C. Bradley Michael C. Bradley
Dated: October 22, 2013	/s/ Donald E. Smith Donald E. Smith
Dated: October 22, 2013	/s/ Denver J. Smith Denver J. Smith
Dated: October 22, 2013	Paratus Capital, LLC By: /s/ Denver J. Smith Name: Denver J. Smith Title: Chief Strategy Officer
Dated: October 22, 2013	73114 Investments, LLC By: /s/ Michael C. Bradley

Page 12 of 13

Name: Michael C. Bradley
Title: Chief Financial Officer

JOINT FILING AGREEMENT PURSUANT TO RULE 13D-1(K)(1)

The undersigned hereby agree that the foregoing statement on Schedule 13G is filed on behalf of each of the undersigned in accordance with the provisions of Rule 13d-1(k)(1) under the Securities Exchange Act of 1934, as amended (the "Act"), and that all subsequent amendments to this statement on Schedule 13G may be filed on behalf of each of the undersigned without the necessity of filing additional joint filing agreements.

Dated: October 22, 2013	/s/ Michael C. Bradley Michael C. Bradley
Dated: October 22, 2013	/s/ Donald E. Smith Donald E. Smith
Dated: October 22, 2013	/s/ Denver J. Smith Denver J. Smith
Dated: October 22, 2013	Paratus Capital, LLC By: /s/ Denver J. Smith Name: Denver J. Smith Title: Chief Strategy Officer
Dated: October 22, 2013	73114 Investments, LLC By: /s/ Michael C. Bradley Name: Michael C. Bradley Title: Chief Financial Officer
Page 13 of 13 pages	